

Course Fact Sheet

Moving and Handling

Level 1 Award an Introduction to Moving People Safely

This qualification is designed as a basic course for those learners either currently working or those returning or starting work.

L1 Introduction can be tailored to company requirements.

The qualification can be taken as stand-alone or as part of a wider programme of training, is available to learners aged 14+ and has one mandatory unit to complete.

Mandatory Unit

This qualification includes the following mandatory units:

- The theory of Moving People
- Safe practice of Moving People

How long will it take me to achieve this qualification?

This qualification is usually achieved by taking a half-day course.

How is the qualification assessed?

It is assessed by Continual observation of practice by the tutor.

What next?

Learners successfully completing this qualification that are involved in supervision may wish to progress onto further qualifications, such as:

- Level 2 Award in Moving People Safely (RQF)

Where can this course be taken?

This course will be conducted at your premises using your moving and handling equipment. Contact 1st Line Training for further details.

E: enquiries@1stlinetraining.org

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