

# Level 3

## Course Fact Sheet

# First Aid

### Level 3 Award First Aid At Work (RQF)

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It is a requirement of the Health & Safety law that employers provide a safe and healthy environment to work in.

If your assessment of first aid needs highlights the need for higher qualified first aiders, then this level 3 qualification will provide you with suitable, highly trained personnel.

#### **Mandatory Units**

- Unit 1 Emergency First Aid in the workplace.
- Unit 2 Recognition and Management of Illness and Injury in the Workplace

#### **Duration**

A minimum of 18 hours tutor contact, usually spread over 3 consecutive days, consisting of practical and theoretical activities. Candidates must attend all sessions to complete this course.

#### **How is the qualification assessed?**

The tutor will carry out ongoing assessment throughout the course, with a written assessment on the final day.

A Three-year First Aid at Work RQF award will be issued subject to successful completion and assessment.

#### **Syllabus**

A range of subjects are covered including: -

- Legalities, responsibilities and reporting
- Resuscitation and AED awareness
- Assessment of the situation
- Dealing with an unresponsive casualty
- Bandaging
- Shock (including Anaphylaxis)
- Fractures and spinal injuries
- Heart attacks
- Choking
- Control of bleeding
- Head injuries
- Eye injuries
- Poisoning
- Chest injuries
- Sprains and strains
- Burns
- Asthma
- Diabetes
- Epilepsy
- Stroke

#### **Numbers**

Due to the practical nature of this course, a minimum of 4 candidates are required with a maximum of 12 candidates.

Minimum age of 14 years, although a student cannot assume responsibility for first aid until they attain the age of 16 years

#### **Where can this course be taken?**

This course can be conducted at your premises or at an external venue

Contact 1<sup>st</sup> Line Training for further details.

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Awarding Body FAA  
through NUCO



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