

Course Fact Sheet

Safe Manual Handling

Principles of Safe Handling

1st Line Principles of Safe Manual Handling

This qualification is an introduction for candidates entering an environment where they might have to manually handle small loads.

The aim of this course is to make candidates aware of the hazards connected to unsafe lifting practices and making candidates aware of the correct manual handling techniques.

How long will it take me to achieve this qualification?

The total qualification time for this session is 3 hours.

How is the qualification assessed?

This qualification is assessed by a short multiple-choice examination and observation of practical techniques through the duration of the session.

Qualification awarding body

This session is conducted and certificated by 1st Line Training to the same exacting standards demanded by our Regulatory bodies.

What next?

Learners successfully completing this qualification may wish to progress onto further qualifications such as:

Highfield Level 2 Manual Handling (RQF)

Highfield Level 2 Award in Risk Assessment (RQF)

Highfield Level 2 Award in Health and Safety within the Workplace (RQF)

Highfield Level 3 Award in Health and Safety in the Workplace (RQF)

Where can this course be taken?

This course can be conducted at your premises or at an external venue

Contact 1st Line Training for further details.

E: enquiries@1stlinetraining.org

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